

SUBJECT: Changes to the Food Buying Guide for Child Nutrition Programs

TO: Regional Offices  
State Agencies

Since the revised Food Buying Guide for Child Nutrition Programs (FBG) was distributed last year, several errors have been brought to our attention. We have attached a list of pen and ink changes that should be made to each FBG to correct these unintentional mistakes. All changes are highlighted for easy identification.

We have heard two particular concerns repeatedly that deserve additional explanation. Both are in the grains/breads section and involve the same issue. Cooked rice and pasta yields vary depending on how they are cooked. The pasta entries each have a specific time that they were boiled. This was done to better define what level of doneness the yields represented. The rice yields were not given a cook time, but we did use the lower range of the yields we found for each type of rice so that the user will always have enough prepared.

Many things can change the yield of pasta and rice. If you consistently get a different yield with pasta or rice (or any other product in the FBG) we suggest you determine your own yield for your product and cooking method. There is a general outline of how this should be done in the introduction of the FBG on pages 3 and 4.

We thank everyone that submitted FBG corrections to us so that we can make the FBG as accurate as possible. If additional corrections are required or if you have any question on the FBG please contact the Technical Assistance Section at (703) 305-2609.

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Director  
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Attachment